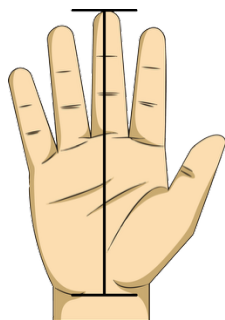


Size chart



- i** Measure the distance from the base of your hand to your longest finger and refer to the table below to determine your size.

Note: If your measurement falls between two sizes, choose the smaller size.

If you're switching from a Velcro closure to a buckle closure, we recommend choosing one size smaller.

Ultimately, the choice of size depends on the gymnast's preferences. Therefore, all of these measurements are provided for reference only.

High bar grips (Super, Super Cup, Swiss Cup, Lady, Elite Protec, Hyper Protec, Protec Lady)		
Size	cm	Inch
00	< 15.50	< 6.10
0	15.50 – 16.50	6.10 – 6.50
1	16.50 – 17.50	6.50 – 6.89
2	17.50 – 19.00	6.89 – 7.48
3	19.00 – 20.50	7.48 – 8.07
4	> 20.50	> 8.07

Ring grips (Super Cup, Swiss Cup, Elite Protec, Hyper Protec)		
Size	cm	Inch
0	< 16.50	< 6.50
1	16.50 – 17.50	6.50 – 6.89
2	17.50 – 19.00	6.89 – 7.48
3	19.00 – 20.50	7.48 – 8.07
4	> 20.50	> 8.07

Uneven bars grips (Lady, Lady 2, Elite Protec, Hyper Protec)		
Size	cm	Inch
000	< 13.00	< 5.12
00	13.00 – 14.00	5.12 – 5.51
0	14.00 – 15.50	5.51 – 6.10
1	15.50 – 16.50	6.10 – 6.50
2	16.50 – 18.00	6.50 – 7.09
3	18.00 – 19.50	7.09 – 7.68
4	> 19.50	> 7.68